



**VETERANS OF FOREIGN WARS AUXILIARY to
VFW JOHN KRAUS POST # 454**

FAMILY FREEDOM FESTIVAL

**May 4, 2019 from 10 am and 2 pm at the
VFW Post 1006 Lincoln Street Bloomington, IL.**

All active duty and retired military families will be honored. This free family-friendly event will feature food, music, games and more! It's a festival to celebrate the freedoms we enjoy and will include activities and entertainment for all ages. Lunch available on site at the **Pop Up Chicken Shop**.

Attend this event and see what is available to our Military Heroes and meet them and hear their stories!

- Observe the posting of the Flag of the United States of America at the opening of the day.
- Meet members of our **youth group** and speak with them about some of the volunteer work they've done in our community; learn how your child can join this patriotic group!
- Enjoy **children's activities** from games to art to fun!
- Hear **patriotic music performed** by a special guest local entertainer.
- Talk with representatives of other organizations that help veterans and active duty military. Such as **Habitat for Heroes, Land of Lincoln Honor Flight, Synergy Home Care, to name a few.**
- Visit with **government officials**, members of the VFW and the VFW Auxiliary and see how you can help
- Watch a presentation by the **Bloomington Elk's Lodge #281** on the different flags throughout our history and their meaning.
- Learn how you can **take steps** to change mental health in America. Learn the Five Signs of emotional suffering, obtain information about the Veterans Crisis Line and the VFW National Home for Children's Military & Veteran Family Helpline.

